**CLARA MAASS MEDICAL CENTER**

**1 CLARA MAASS DRIVE (AMBULATORY ENTRANCE)**

**BELLEVILLE, NJ 07109**

**973-658-6315**

**INSTRUCTIONS FOR EGD PREP**

**PATIENTS NAME:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**DATE:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **TIME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PLEASE FOLLOW THE PRECEDING INSTRUCTIONS TO PREPARE FOR YOUR PROCEDURE**

* NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE
* IF YOU ARE PRESENTLY TAKING ANY MEDICATIONS, YOU MAY TAKE IT AS USUAL
* **Advise the doctors if you are taking ANY BLOOD THINNERS**
* **Coumadin, Warfarin, Xarelto, Eliquis, Lovenox, Pradaxa, Effient**

**EXCEPT:**

Blood thinners (discontinue 4-7 days before your procedure)

Diabetics on oral agents (pills) should not take their medications prior to the procedure

Insulin users only take half (1/2) of your usual dose in the morning and notify the nursing staff upon arrival

**THE DAY OF THE PROCEDURE**

* **DO NOT EAT OR DRINK ANYTHING UNTIL AFTER YOUR PROCEDURE**
* **YOU MAY TAKE YOUR REGULAR MEDICATIONS UNLESS OTHERWISE INSTRUCTED**
* **DO NOT DRIVE A CAR OR OPERATE MACHINERY FOR 24 HOURS**
* **YOU MAY FEEL DIZZY AND DROWSY. AN ADULT SHOULD STAY WITH YOU FOR 24 HOURS**
* **YOU ARE REQUIRED UPON DISCHARGE TO LEAVE WITH A RESPONSIBLE ADULT**
* **SCHEDULE A FOLLOW UP APPOINTMENT WITH YOUR DOCTOR FOR YOUR TEST RESULTS**